

For Domestic Violence and Abuse - Resources and Helpline Numbers

- http://standupagainstviolence.org/en_US/ (Also available in Hindi)
The website talks about various forms of violence and how to deal with it. They also have a **state-wise list** of support organizations.
- Helpline numbers **for men** can be found at:
<http://vaastav.org/mens-helpline-number/>
- naaree.com/domestic-violence-helplines-india/
- If you have access to a smartphone, you can download the **SHEROES** app for women where you can talk to a counsellor on the helpline.
<https://sheroes.com/>
- **National Commission for Women** : (0124) 2562336 (Violence Intervention Centre), [http:// www.ncw.nic.in/helplines](http://www.ncw.nic.in/helplines)
- CONSOLIDATED LIST OF DOMESTIC VIOLENCE HELPLINES (via **CSR, India**) They can also be found on their website. <https://www.csrindia.org/online-outreach/>
- **AKS**: 8793088815 (**Legal support for survivors** of domestic and child

abuse, sexual harassment), <https://www.aksfoundation.org/>

- **Women police helpline numbers: 1091, 1291 (for senior citizens)**

- **SNEHA:** +919833052684 (Domestic violence crisis helpline),
<https://snehamumbai.org/domestic-violence/>

- Helpline numbers for women facing **Intimate Partner Violence/Domestic Violence:**
 - **Central Social Welfare Board - Police Helpline:** 1091/1291, (011)23317004
 - **Jagori:** (011) 26692700
 - **Saheli:** (011) 24616485 (Saturdays)
 - **Nirmal Niketan:** (011) 27859158
 - **Nari Raksha Samiti:** (011) 23973949
 - **Joint Women's Programme:** (011) 24619821
 - **Abhay Helpline:** (+91) 9423927818
 - **Sneha:** (+91) 9833092463
 - **Shakti Shalini:** (+91) 9711053706, (+91) 9811390630, 10920
 - **Aks Foundation:** (+91) 8793088814/15/16
 - **Ashraya Women's Centre:** (+91) 8025251929
 - **Sakshi:** (0124) 2562336/5018873
 - **All India Women's Conference:** (011) 43389101/02/03
 - **Saarthak:** (011) 23973949
 - **Red Dot:** weftinfo2gmail.com
 - **Domestic Abuse:** 181